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Innovation of the Dance Teaching in Preschool Education

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ABSTRACT

Dance, as a special form of artistic expression, expresses people's thoughts and emotions with its unique body language. With the continuous development of education level and comprehensive national strength, the society also attaches more attention to preschool education. As the main body of preschool education, preschool teachers undertake the important task of cultivating young children. As a part of preschool education, dance teaching is closely related to children's future art training and physical exercise. Therefore, the author analyzes the current situation of preschool education and discusses the teaching design of dance teaching in preschool education.

Key words: preschool education; dance teaching; the status quo; innovation analysis

I. INTRODUCTION

With the continuous development and progress of the country, the importance of all sectors of society to preschool education is increasing. As the main body of preschool education, preschool teachers undertake the important task of cultivating young children. In the teaching of children, the appropriate introduction of dance teaching, in line with the children's lively and active personality characteristics, is conducive to improve the children's physical and mental healthy development. It is also of very far-reaching significance in guiding children to form a correct aesthetic concept, which requires preschool teachers to have the relevant dance teaching ability. As a part of the professional course of preschool education, dance teaching shoulders the task of cultivating students' aesthetic education. How to implement the fundamental task of cultivating people by virtue, realize aesthetic education teaching, effectively improve students' humanistic quality and aesthetic ability, put forward the specific application strategy of preschool education dance classroom teaching reform, hoping to effectively improve the quality and efficiency of preschool education professional dance teaching^[1].

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II. THE RELEVANT STATUS OF PROFESSIONAL DANCE COURSE TEACHING IN PRESCHOOL EDUCATION

(1) Lack of systematic dance textbooks

Dance teaching materials are an important part of the professional dance teaching of preschool education. Dance teaching materials affect the effect and quality of dance teaching, and dance teaching materials can play a guiding role in guiding students' dance learning. Textbook is an important basis for students to learn. Most schools have certain limitations to the choice of dance textbooks. The so-called limitations come from the textbook content. Professional dance teaching content of preschool education includes basic knowledge of dance, dance creation ability, children's dance performance ability, and future dance teaching ability. Most of the current textbooks are teaching how to dance, focusing on dance movements, and the lack of teaching content closely combined with the major. It is difficult to effectively play the guiding role of dance teaching materials. Some schools, in the process of dance teaching, do not effectively combine the content of the teaching materials, and teachers only combine their own dance experience and personal understanding to provide blind guidance. Students also lack specific textbook reference, which is not conducive to cultivating students' professional dance ability.

(2) Unreasonable arrangement of teaching class hours

Most colleges and universities in China did not scientifically and reasonably arrange preschool education professional dance teaching hours, because dance teaching has strong practical and professional, to improve students' dance skills, students must conduct dance training, in the training process, can integrate their true feelings, effectively understand dance body movement thoughts and connotation, can initially master dance skills, but universities did not pay full attention to the importance of dance teaching, leading to curriculum arrangement is less, difficult to meet the students' diversified dance training needs^[2].

(3) Imperfect curriculum setting

Since some colleges and universities ignore the importance of preschool education dance teaching and do not set up dance teaching content scientifically and perfectly, most majors in preschool education are mainly centered on education and psychology. In the process of dance teaching, there are blindness and arbitrariness in the course content arrangement. Many dance courses in colleges and universities are only simple basic dance learning, or simple national dance and children's dance learning, most of which set the course content according to the

teachers' ability. As a result, it is difficult for students to improve their interest in dance learning, or lack the ability to cultivate students' dance skills and teaching in all aspects, which also restricts the effective improvement of the classroom teaching effect of preschool education in universities.

III. RELEVANT INNOVATION IN THE DANCE TEACHING DESIGN OF PRESCHOOL EDUCATION MAJOR

(1) Improve students' enthusiasm in learning dance

First of all, the relaxed and pleasant dance teaching environment can improve students' interest in learning, help students communicate and communicate closely with teachers, maintain a good cooperative relationship, and effectively improve students' enthusiasm for classroom participation. On the contrary, the poor dance teaching environment will seriously affect the quality of teaching, such as dark and cold classrooms, students learning dance movements will also be restricted by light and dress. Secondly, the teacher's teaching content and teaching method is also an important content to attract students learning enthusiasm, according to the survey of traditional dance teaching mode and mixed dance teaching mode, students are easier to accept the latter, on the one hand is the age characteristics of students, accept new things ability, on the other hand, mixed teaching mode learning time is relatively free, learning goals and learning tasks more clear, can stimulate interest more actively. For example, mixed dance teaching mode online part can according to the teaching form, set for students learning content, learning objectives and learning tasks, offline part of student group practice, discussion and feedback, teacher do corresponding guidance, this way to make course content can be more rich, learning efficiency is very high, teaching effect is particularly ideal.

Dance is a comprehensive art, with strong interest and artistic quality, so creating a relaxed and pleasant environment helps students to stretch their limbs, reasonable and effective teaching content, and easier to achieve teaching goals. At the same time, in the process of dance teaching, establish the student-centered teaching concept. Using the method of keeping pace with The Times and the relaxed environment, students can dance under the guidance of music rhythm, feel the beauty of body and rhythm, and effectively improve the quality and efficiency of dance classroom teaching.

(2) Choose the dance teaching materials scientifically and reasonably

In the dance teaching of preschool education major, teachers should establish the student-centered teaching concept, combine the students' recent learning situation and teaching goals,

innovate the classroom teaching methods, and choose the content of dance teaching materials scientifically and reasonably, so as to effectively improve the level of dance teaching. At present, the state has not designated a unified content of preschool education professional dance textbooks, teachers should combine students' cognitive rules and students' learning foundation, scientific and reasonable selection, and effectively combine teaching materials with practical skills. By choosing practical children's dance, it is helpful to improve the quality of early childhood dance education. Through step by step guidance, from shallow to deep training, students can gradually master the dance knowledge and skills. In the process of education and teaching, teachers should closely combine the development needs of The Times, apply modern teaching means, multimedia courseware and online video, strengthen the effective combination of action and video, reflect the sense of The Times and professional characteristics, can improve students' enthusiasm for participation, and also in line with the law of students' physical and mental development. The choice of teaching materials can also be according to training goals and social needs for research and development, such as training applied talents of preschool education professional dance courses can dance in accordance with the quantitative standards of dance teaching, its content can include dance content, action steps, movement essentials, teaching methods, make students through the teaching materials, can be applied in the future employment.

(3) Scientific and reasonable arrangement of teaching

Preschool education professional dance teaching and art colleges dance teaching is different, professional college students is more important to master technical skills ability, and preschool education students to master the basic theoretical knowledge and dance practice teaching ability, mainly for the future preschool education work knowledge reserve, knowledge of dance theory and dance skills content range, more novel knowledge system, so teachers must be clear talent training goals, further increase the pertinence of classroom teaching content. In the process of dance teaching, according to the characteristics of students' age and cognitive law, considering the students in the future teaching object and many other characteristics, make students can actively participate in dance teaching content arrangement, make students not only learn to dance, also learn to create dance, master the method and principle of dance^[3].

Teaching class arrangement according to the difficulty of course content, such as preschool education dance course, which is different from dance foundation, basic course more need more class practice time, class by the teacher, and dance choreography is more need teachers according to students create content, more hours, of course, so class amount should increase

plan, such as dance basic week class 2-4 hours, then dance should increase to 4-6 or 6-8 hours. In addition, in the preschool education dance teaching classroom, teachers can introduce excellent traditional Chinese national dance, ideological and political education into the classroom, stimulate students' patriotism, can guide students to carry out repeated consolidation exercises, and effectively enhance students' dance skills. At the same time, the teacher in the dance specific teaching process should effectively integrate moral education, aesthetic education at the same time, moral education, enable students can strengthen the effective integration of dance teaching and ideological and moral character, form a good ideological cognition, through scientific and reasonable teaching guidance, improve the students' level of dance and comprehensive quality. Ideological and politics of the course is not only red education, but also education. In each course, guide students' correct ideas according to the teaching content, such as lack of confidence in dance performance, guide students to build self-confidence, encourage students to complete, and let them find confidence. Another example, red theme education, arrange red theme songs in children's dance or dance creation teaching, such as "learning a good example of Lei Feng", "Red Star Flash", not only reached the inheritance of traditional Chinese culture, but also the curriculum ideological and political integration into the teaching, so that students' learning content is rich and colorful.

(4) Dance teaching combines the advantages of the Internet

At the beginning of 2020, the global epidemic broke out. Internet online teaching has become an important means of suspending classes, and many education online teaching has also gained unprecedented space for development^[4]. Dance education also keeps up with the development wave of The Times and develops very rapidly. The combination of online and offline gives dance education a great space for development. Online dance teaching has gradually been recognized, and the teaching methods are very different from before, it is easy to stimulate students' interest of students, and then more actively learning.

Internet dance teaching compared with traditional teaching methods is very obvious difference, traditional dance teaching teacher choose one to one or a pair of dozens of people demonstration teaching, Internet teaching can use the same time, teach more people, not only improve the efficiency, but also can enrich the teaching content to the greatest extent. At the same time this method is win-win, students can through online courses, reasonable arrangement learning content, according to personal situation, fully break the constraints of time and space, no matter what time, where, can watch and learn, to a certain extent, this is a benign spread of dance education. Secondly, for teachers, it is also an opportunity for learning and

communication. Through the Internet platform, teaching resources can not only be shared with each other, but also refer to other excellent teaching methods, which can greatly improve their teaching quality^[5]。

IV. CONCLUSION

With the improvement of attention to preschool education from all walks of life, preschool education has received great attention, but there are comprehensive factors, there are still many problems. As an integral part of the preschool education professional courses, dance teaching plays an indispensable role in the future early childhood education. The school should increase the number of courses of dance courses, improve the quality of students, enhance the professional skills of dance teachers themselves, carry out colorful teaching courses, enhance students' independent learning ability of dance, and realize the benign and sustainable development of preschool education major.

To sum up, we can see that at present education in China, innovation in preschool education is an important part of education, colleges and universities are an important place to cultivate preschool teachers. Therefore, to carry out preschool education dance teaching, we must innovate the concept of classroom teaching, can closely combine the development pace of The Times, keep pace with The Times, effectively improve the effectiveness of dance classroom teaching, and enhance students' enthusiasm for participation, dance skills and comprehensive quality.
